

# Cow's Milk Protein Allergy Symptom Checker

Cherished  
Baby and Child

Symptom	Tick if your baby has this symptom
Vomiting	
Reflux	
Colic	
Diarrhoea	
Constipation	
Flatulence	
Mucus in the Stools	
Blood in the Stools	
Stomach Pain/Discomfort	
Distended stomach	
Food Aversion or Refusal	
Eczema	
Rashes-Skin or nappy	
Hives	
Wheals	
Contact Dermatitis	
Swelling of the eyes, lips, face	
Severe pruritus	
Wheezing	
Sore throat	
Persistent Runny Nose/ Eyes	
Itchy mouth or excessive dribble	
Acute Rhinitis	
Conjunctivitis	
Nasal Congestion	

Use this chart to document your child's symptoms. When you go to see your Health Professional, bring your Symptom Checker with you as this will be helpful in assisting them to make a diagnosis. It also ensures that you will remember to tell your Health Professional everything! You can also use the Symptom Management Chart. By observing and grading 5 key areas you will get a broad picture of how baby is doing over a full week. This allows you to record the various symptoms to allow your Medical Practitioner to look at them objectively.